



Your Chance to Join Chef Paul & Sam's Brigade

How to Refresh your Sticky Toffee Pudding

Put your Chef-ready Meal® in the fridge as soon as it arrives home

Take everything out to bring it back to room temperature
at least an hour before you reheat

- o This will take no longer than **10 minutes** to re-heat.
- o It can be heated in a microwave or in an oven.
- o Your container is **microwave suitable**.
- o Microwave on full power for **2 minutes**, checking every 30 seconds.
- o Or, place in a heat-proof dish in the centre of a pre-heated oven at **160 degrees** (140 for fan assisted oven) for **5 - 10 minutes**.

Use within 3 days of collection/delivery. Keep refrigerated below 5°C.

We cannot guarantee that nuts or nut traces will not be found in our food.

Allergens - Celery, gluten, egg, milk, sulphites

The hygienic containers are made from corn starch and are biodegradable.

They will clean (even in the dishwasher) and can be reused many times